

REGION II
Behavioral Health Board

Website: riibhb.idaho.publichealth.com

MONTHLY MEETING MINUTES

May 9, 2019-- 1:30 PM

Public Health Building – First Floor Conference Room

Conference Phone Number: 208-748-0414; Conference Room Number: 7002#;

Conference Pin Number: 7002#

I. Roll Call, Welcome, and Introductions

Board Members

X	Sara Bennett	X	Darrell Keim		Lisa Martin		Jenny Teigen
X	Lisa Bomley	X	Diane Kovach	X	Mike Ponozzo		Glenda Thomson
X	Megan Comstock	X	Shari Kuther	X	Jim Rehder		
X	Kathy Connerley		Kathie LaFortune	X	John Rusche	X	Dean Allen
X	Beverly Fowler		Tom Lamar	X	Teresa Shackelford	X	Todd Hurt
X	Chris Goetz	X	Deborah Lind		Jennifer Shuffield		
X	Sharlene Johnson	X	Tammy Lish-Watson		Skye Taylor		

Others In Attendance: Laura Thayer, Joyce Lyons, Beth Patzer, Tammy Everson, Stephanie Beidman, Cheryl Morton, Melanie Scott, Elaine Dufford, Shayne Aguirre, Zlata Myr, **By Phone:** Kathy Connerley, Beverly Fowler,

II. **Approval of April BHB Minutes:** Motion to Approve: John Rusche 2nd: Mike Ponozzo **Motion carried.**

III. **Financial report (Carol/Perri):** No report at this time due to Carol and Perri being absent.

IV. **Telehealth presentation (Jeremy Battershell-BPA):** Telehealth is secure, free, ethical, easy access for rural areas, reduce no-shows and easy to facilitate groups (especially for SUD). Need basic computer with camera, internet, HIPAA compliant platform and private room. It is as effective as in-person therapy. Services include group, family, individual, case management and GAIN assessment. Discussed limitations (UA requirements, actively suicidal, clients w/o internet, EBP's requiring direct supervision). SAMHSA TIP 60 is a resource to help get started. John Rusche commented Idaho law allows use of telehealth with any licensed profession. Payment for telehealth has not been a barrier at this time per BPA. Shari attended conference in Boise dedicated to telehealth; specific to counseling. Meghan shared using telehealth with children can be difficult in her experience.

V. **CMH Subcommittee co-chair and Tele-health chair appointments (Board):** Megan accepted nomination for vice chair for CMH subcommittee. Dean accepted nomination for Tele-health Chair.

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Motion to Approve: Deborah Lind 2nd: Shari Kuther. **Motion carried.**

- VI. **Slate of officers presented to the Board for June election (Mike):** All current BHB officers and At Large officers are willing to continue. Formal nominations will be made in June 2019.
- VII. **Proposal to move to a specialize field in SUD services (Cheryl Morton):** Idaho Board for Drug & Alcohol Counseling has revamped ethics to be consistent with American Counseling Association. They are proposing educational requirements for all licensed professionals who are providing SUD services. This credential will require a bachelor's degree. Concerns specific licensed professional boards/associations were not consulted and there may be a scope of practice issue. There is a shortage of SUD providers and this action may result in less providers.
- VIII. **Budget preparation discussion for June approval (Carol)**
Darrell brought up discussion how Behavioral Health Boards across state handle funds differently (meet quarterly, do work w/o public health). Funds need to be reviewed for regional activities. Intent of BHB is to allow regions to access grants, and fundraise as needed. Beth the Board can be active in looking for funding or a conduit of information. Need for strategic planning session in October 2019. Executive Committee will draft a budget for June Board meeting consideration/approval.
- IX. **CIT schedule and financial support (Laura):** Laura is planning to have next full 40 hour CIT training will be first week of November.
- X. **Apply for St. Joe's Hospital funds for Recovery Centers (award is in Nov) (Board):**
John Rusche explained the name is Lewis Clark Valley Health Foundation (John is a Board member). Developing grant processes and will have more funds next year to distribute. Doing combined needs assessment which will be completed at end of year. Will award grants in October 2019. A call for grant applications in June 2019. John will be able to update Board in July 2019.
- XI. **Mental Health Award announcement (Teresa):** Award given to Steve Button. He was unable to attend due to previous commitment. Award will be presented at June 2019 BHB meeting.
- XII. **Crisis Response Network update (Carol/Joyce):** Joyce provided PowerPoint presentation for update. Crisis definition, MOU updates, current community partners, admission criteria, and PR logo identified. Process for accessing services identified. For consistency, a central regional 800# dispatch will be used. This is still in progress. Idaho Suicide Hotline would like to partner with region 2 crisis response network. This crisis center is for persons 18 and older at this time.

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Architect is giving drawings to builder next week who will give to city for approval of Nezperce County Crisis center. Target date for soft opening is June 10, 2019.

XIII. **Recovery Community Center Latah/Nez Perce Counties (Board):** ROC is closing and community concerns are the carry over. Tammy will be going to ROC this next week to discuss service scope.

XIV. **BHB Sub-Committee Reports:**

Children's Mental Health – No report at this time.

Adult Behavioral Health – Filling out needs and gaps and creating goals for subcommittee. Current focus ideas are workforce shortage in behavioral health, transportation, possible advocacy to public transportation go later in the evening, HIPAA compliant texting apps, mental health and you phone app, resource guide, expand CIT, and clarification of subcommittee members.

Housing – Will be meeting next Monday. No report at this time.

Tele-Health – Working on needs and gaps. Looking at combined funding to bring a trainer to region for North Hub about how to practice behavioral health via telehealth. They would like to target Spring 2020 for first training and second training in Fall 2020. Subcommittee working on list of current telehealth providers in Idaho.

Prevention - Site visit last week for ODP related to grant. No findings to note at this time. Main focus on prevention campaign. IDTEP training held, strengthening families 14 of 21 participants. Tuned in plan for FY20 including free mental health screenings. 2 days/month at separate locations. Up River Youth Leadership Council provided award to Region 2 BHB.

Needs & Gaps – Deadline for needs & gaps need to be turned into Sarah by next Thursday, May 16, 2019.

XV. **Public Input:**

XVI. **Next BHB Meeting: June 13, 2019**

XVII. **Meeting adjourned at 3:24 pm.**

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